

Price List

(valid from 16th August 2017)

1:1 Sessions

Introductory 1:1 Pilates		£30
One 1:1 Pilates session	55 minutes	£48
5 x 1:1	save £25	£215
10 x 1:1	save £60	£420
15 x 1:1	save £105	£615
20 x 1:1	save £160	£800
25 x 1:1	save £225	£975
One off 1:1 for class attendees		£43
Duet or Trio Pilates		£55
Myofascial Release		£48

Apparatus Classes

One Apparatus Class	55 minutes	£15.50
5 x Apparatus Class	save £5	£72.50
10 x Apparatus Class	save £15.00	£140
25 x Apparatus Class	save £62.50	£325

Matwork Classes

One Matwork Class	55 minutes	£10
5 x Matwork Class	save £7.50	£47.50
10 x Matwork Class	save £10.00	£90
25 x Matwork Class	save £37.50	£212.50

Please note:

Packages of 5 are valid for 3 months from date of purchase.

Packages of 10 and 15 are valid for 6 months from date of purchase.

Packages of 20 and 25 are valid for 12 months from date of purchase.