

Price List

(valid from 16th June 2017)

1:1 Sessions

55 minutes

Introductory 1:1 Pilates

£30

One 1:1 Pilates session

55 minutes

£48

5 x 1:1

save £25

£215

10 x 1:1

save £60

£420

25 x 1:1

save £300

£900

One off 1:1 for class attendees

£43

Duet or Trio Pilates

£55

Body Talk

£50

Myofascial Release

£48

Apparatus Classes

55 minutes

One Apparatus Class

£15.50

5 x Apparatus Class

save £5

£72.50

10 x Apparatus Class

save £15.00

£140

25 x Apparatus Class

save £62.50

£325

Matwork Classes

55 minutes

One Matwork Class

£10

5 x Matwork Class

save £7.50

£47.50

10 x Matwork Class

save £10.00

£90

25 x Matwork Class

save £37.50

£212.50

Please note:

Packages of 5 are valid for 3 months from date of purchase.

Packages of 10 are valid for 6 months from date of purchase.

Packages of 25 are valid for 12 months from date of purchase.