

Class Schedule

(valid from 16th June 2017)

Monday	5 pm	Intro Level Apparatus Class
	6 pm	Intermediate Level Apparatus Class
	6.30 pm	Intermediate Level Apparatus Class
	7.30 pm	Intermediate Level Apparatus Class
Tuesday	12 pm	Intermediate Level Apparatus Class
	1 pm	Intermediate Level Apparatus Class
	6.15 pm	Intro Level Apparatus Class
	7.30 pm	Intermediate Level Apparatus Class
Wednesday	6.15 pm	Intermediate Classical Mat Class
	7.30 pm	Intermediate Level Apparatus Class
Thursday	9.15 am	Kundalini Yoga with Nina
	1 pm	Intermediate Level Apparatus Class
	5 pm	Intermediate Level Apparatus Class
	6.15 pm	Advanced Level Apparatus Class
	7.30 pm	Intermediate Level Apparatus Class
Friday	6 pm	Intermediate Level Apparatus Class
Saturday	10 am	Intermediate Level Apparatus Class